

SPEAKER · AUTHOR · LICENSED THERAPIST

Elsa J. Londoño, LCSW

HEAL. GROW. BECOME.



SPEAKER & MEDIA KIT

2026 – 2027 Season



FEATURING THE NEW BOOK

Waiting, Becoming, Healing

Proof That God Can Be Trusted

RELEASING SEPTEMBER 21, 2026

Where Clinical Wisdom Meets Biblical Truth

Elsa J. Londoño, LCSW is a licensed clinical social worker, author, speaker, and the founder of Nu Beginning Center, LLC. A graduate of the University of Pennsylvania, she has spent more than fifteen years walking with individuals and families through trauma, anxiety, relationship challenges, and life transitions — and more than a decade as a practicing clinician specializing in women's healing, identity restoration, trauma recovery, and faith-integrated care.

Her message bridges the gap the church often struggles to close: the space between mental health and faith. Elsa doesn't ask women to choose between the counseling room and the prayer room. She brings both — evidence-based clinical tools and the unshakeable truth of Scripture — to every stage, retreat, and workshop.

Whether she is keynoting a women's conference, leading a church retreat, or teaching a singles ministry, Elsa's sessions are known for being raw, real, and deeply practical. Audiences don't just leave inspired — they leave equipped, with language for their healing and next steps for their becoming.

SHORT BIO FOR YOUR PROGRAM

Elsa J. Londoño, LCSW is a licensed clinical social worker, author, and speaker who helps women heal emotionally, grow spiritually, and become whole. Founder of Nu Beginning Center and author of *Waiting, Becoming, Healing, Unsuccessfully Single*, and *A Journey to Mental Wellness*, Elsa blends over fifteen years of clinical experience with biblical truth to help women trust God, break unhealthy patterns, and step into the women He created them to be. She lives in Delaware and speaks nationwide and virtually, in English and Spanish.



AT A GLANCE

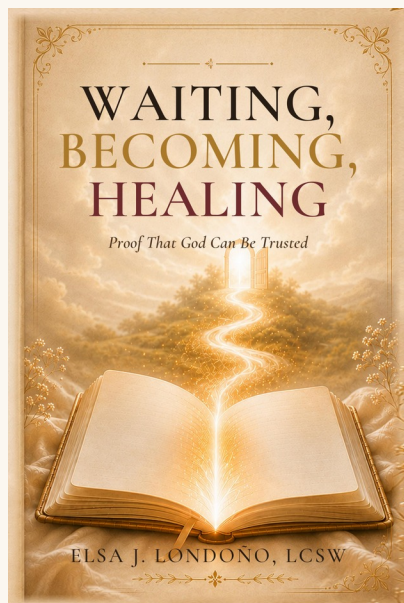
- Licensed Clinical Social Worker (LCSW)
- University of Pennsylvania graduate
- 15+ years of clinical experience
- Founder, Nu Beginning Center, LLC
- Author of multiple books
- Bilingual — English & Spanish
- Based in Delaware
- Available nationwide & virtually

"She holds space for both your pain and your faith — without making you choose."

— DANIELLE M., CLIENT

Waiting, Becoming, Healing

Proof That God Can Be Trusted



PUBLISHER

Elsa Julissa Publishing

RELEASE

September 21, 2026

FORMATS

Paperback · Hardcover · eBook

PAPERBACK

979-8-9972288-2-8

HARDCOVER

979-8-9972288-1-1

EBOOK

979-8-9972288-0-4

RETAIL

Amazon & wherever books are sold

Part memoir, part Bible study, part therapy session — *Waiting, Becoming, Healing* is Elsa's most personal work yet. Written from her own journals and shaped by her clinical training, it walks women through three sacred seasons: the **waiting** that feels like delay but is actually preparation, the **becoming** that asks us to release who we were to survive, and the **healing** that turns our deepest wounds into our strongest testimony.

Each chapter weaves personal testimony and biblical truth with a feature no other book in this space offers: **"From a Therapist's Couch"** — clinical insights, exercises, and tools drawn from Elsa's practice — alongside reflection questions, journal prompts, and closing prayers that make every chapter immediately usable in small groups, book clubs, and women's ministry studies.

PERFECT FOR

- Women's ministry book studies & small groups
- Singles ministries & singles conferences
- Retreat themes: waiting seasons, identity, healing
- Counseling-and-faith conversations in the church

"A powerful reminder that God's timing and purpose are always at work... an excellent resource for anyone seeking hope, emotional healing, and a stronger relationship with God."

— EARLY PRAISE FOR WAITING, BECOMING, HEALING

ALSO FROM ELSA

Waiting, Becoming, Healing: The Companion Journal

A guided journal pairing with every chapter — releasing alongside the book. Ideal for group studies.

Unsuccessfully Single

A faith-based guide for women navigating singleness with purpose and identity.

A Journey to Mental Wellness

A practical workbook for emotional healing through a faith lens.

Messages That Move Women to Action

Every message can be delivered as a 30–45 minute keynote, a 60–90 minute interactive workshop, or expanded into a half-day or full-day retreat. All talks are available in English or Spanish, in person or virtually, and can be tailored to your theme and audience.

Waiting Isn't Wasted

Finding purpose, peace, and spiritual growth in seasons of uncertainty, transition, and divine delay. Drawn from Part I of *Waiting, Becoming, Healing*: waiting is not passive — it's surgery.

WOMEN'S CONFERENCES · SINGLES MINISTRIES

The Becoming Journey

Stepping boldly into the woman God created you to be — releasing survival patterns, integrating softness and strength, and embracing who you're becoming.

RETREATS · WOMEN'S CONFERENCES

Healing Before the Next Chapter

Understanding the impact of unresolved trauma and the path to wholeness before stepping into what's next — a relationship, a calling, a new season.

RETREATS · COUNSELING CONFERENCES

Healthy Relationships Begin with a Healthy You

Identifying and dismantling the emotional and relational cycles that keep women stuck in unhealthy patterns — with practical tools from the therapy room.

SINGLES CONFERENCES · YOUNG ADULT MINISTRIES

Boundaries That Bless

Building God-honoring relationships through self-awareness, clear boundaries, and emotional maturity. Boundaries aren't selfish — they're sacred.

WOMEN'S MINISTRIES · LEADERSHIP EVENTS

Faith Meets Mental Health

Bridging the gap between clinical mental health and biblical truth for whole-person wellness in the church — equipping leaders to care for hurting people well.

CHURCH LEADERSHIP · COUNSELOR CONFERENCES

Voices from the Room

“

“Elsa’s message was exactly what our women needed. She spoke with such grace, truth, and power — our audience left transformed.”

— PASTOR SANDRA M. · WOMEN’S MINISTRY DIRECTOR

“

“I’ve hosted many speakers over the years. Elsa is the rare kind who makes every woman in the room feel seen, heard, and called higher.”

— DR. RENEE T. · CONFERENCE ORGANIZER

“

“She didn’t just speak at us — she spoke to us. Our retreat was completely changed by her presence and her message.”

— MINISTER CARLA J. · CHURCH RETREAT COORDINATOR

“

“I heard Elsa speak at our women’s conference and left with a completely new understanding of my worth. She is anointed for this work.”

— PASTOR KEISHA T. · CONFERENCE ATTENDEE

WHY MINISTRIES INVITE ELSA

Two rooms, one voice

A licensed clinician who is also a woman of deep, tested faith — she speaks the language of the counseling office and the sanctuary.

Equipped, not just inspired

Every session includes practical tools — reflection exercises, scripts, and next steps women use long after the event.

A message with a resource

Her books and companion journal give your ministry a ready-made follow-up study for the weeks after your event.

BOOKING & EVENT DETAILS

Let's Plan Something Beautiful Together

EVENT TYPES

- Women's conferences & retreats
- Church services & women's ministry events
- Singles ministries & singles conferences
- Leadership & counselor conferences
- Christian universities · podcasts & media
- Virtual events & workshops

WHAT ELSA PROVIDES

- A message tailored to your theme & audience
- Promotion of your event to her email list & socials
- Book table with author signing (optional)
- Bulk book pricing for attendee gifts & studies
- Companion journal for post-event small groups
- A single point of contact from booking to stage

SIMPLE TECH NEEDS

- Wireless lavalier or handheld microphone
- Screen & projector for slides (if applicable)
- A 6-ft table for books (if book table desired)
- Sound check 30–45 minutes before session

HONORARIUM & TRAVEL

Elsa partners with ministries of every size, and honoraria are discussed based on event type, format, and travel — she is committed to finding what works for your budget. Travel originates from Delaware; virtual sessions are available for any location.

HOW TO BOOK — THREE SIMPLE STEPS

1. Reach out

Email, call, or use the booking form at elsajulissa.com/speaking with your date and event vision.

2. Connect

Elsa's team responds within 48 hours to schedule a brief discovery call.

3. Confirm

Receive a simple agreement, and Elsa begins preparing a message for your women.

READY TO BRING ELSA TO YOUR NEXT EVENT?

info@elsajulissa.com · (302) 276-8483

[WWW.ELSAJULISSA.COM/SPEAKING](https://www.elsajulissa.com/speaking)

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